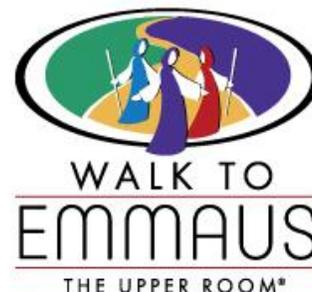


St Marks United Methodist Church

What Is The "Walk to Emmaus"?



A Journey with Christ

The Gospel of Luke relates how the risen Christ appeared to two friends on the road from Jerusalem to Emmaus after the Resurrection. The men were walking together, sharing their hearts' deepest concerns and sorrows. The risen Christ joined them, and explained the scriptures as they walked — how it was ordained that He should suffer and so enter His glory. Although they did not recognize Him, His words were heart-warming to the men as they walked and talked with Him. The illuminating climax came that night during a meal, when Christ took bread and blessed it, then broke it and gave it to them — the men's eyes were opened in that moment and they recognized Him as the risen Christ. Although He immediately vanished from their sight, they rushed back to Jerusalem to tell the other disciples of their experience on the road to Emmaus (Luke 24:13-35).

The purpose of the Walk

The Walk to Emmaus focuses on God as known through Jesus Christ and on the expression of that awareness in the local church. The Emmaus experience is intended to inspire, challenge, and equip local church members for Christian action in their homes, churches, and places of work. Emmaus lifts up a way for our grace-filled life to be lived and shared with others.

What happens during the Walk?

The Walk to Emmaus is a 72-hour experience. The weekend begins on Thursday evening and ends Sunday evening. During the Walk, you will spend three busy, but very enjoyable days at a retreat center. You will live and study together with other like-minded "pilgrims" in song, prayer, worship, and discussion. Discussions will center around 15 talks given by clergy and laity. These talks present various aspects of God's grace, and they convey how that grace comes alive in the Christian community and is expressed in the world.

You'll also discover how God's grace is real in your life, and how you can live a life of grace, bringing that gift to others. You will have the opportunity to participate in the daily celebration of Holy Communion... to understand more fully the presence of Christ in his body of believers... and to experience God's grace personally through the prayers and acts of service of a loving support community.

Who should take the Walk to Emmaus?

The Emmaus movement is designed to develop Christian leaders who:

- wish to strengthen their spiritual lives;
- may have unanswered questions about prayer, study, and sharing of their faith;
- have positions of responsibility in the church and the world.
- Those who have accepted Jesus Christ as their Lord and Savior

(NOTE: The Walk to Emmaus is neither designed nor intended as an evangelistic tool, nor is it a substitute for worship and mentorship in a local church community.)

What is Chrysalis?

Chrysalis is a 3-Day adaption of the Walk To Emmaus for youth.

Are you interested?

We invite you to join in a refreshing weekend in which you will meet Jesus through the acts and testimonies of other Christians. For more information or to express your interest in participating in a "Walk to Emmaus" through St Marks, please contact (over):

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